

Trattamenti & Massaggi- By HER Wellness 360°

Trattamenti massoterapico per:

- Lipedema
- Linfedema
- Dolori muscolari
- Stipsi
- Stress cronico
- Edema post operatorio
- Lombalgia / dorsalgia / cervicalgia

Trattamento LGP®:

- Levigante cellulite
- Riducente levigante per adipe localizzato
- Rassodante
- Drenante
- Endermologie

Massaggi:

- Tradizionale
- Sportivo (decongestionante / defaticante)
- Sportivo (decontratturante)
- Massaggio in gravidanza

Massaggi estetici:

CORPO

- Drenante localizzato gambe e addome
- Drenante total body
- Tonificante drenante
- Trattamento "Pefs Control"

VISO

- Viso tonificante
- Viso e collo linfo-drenante

**Trattamenti e percorsi personalizzati
per il benessere,
la bellezza e la salute della donna.**

Treatments & Massages - By HER Wellness 360°

Massage therapy treatments for:

- Lipedema
- Lymphedema
- Muscle pain
- Constipation
- Chronic stress
- Post-operative edema
- Lower back pain / Upper back pain / Neck pain

LGP® Treatment:

- Smoothing anti-cellulite
- Reducing and smoothing for localized fat
- Firming
- Draining
- Endermologie

Massages:

- Traditional
- Sports massage (decongesting / relieving)
- Sports massage (muscle-relaxing)
- Pregnancy massage

Beauty & Wellness Massages:

BODY

- Targeted draining for legs and abdomen
- Full-body draining
- Toning and draining
- "Pefs Control" treatment

FACE

- Toning facial
- Lymphatic drainage for face and neck

**Personalized treatments and programs
for women's well-being,
beauty, and health.**